



For discussion purposes
only

ASA TEAM SELECTION CRITERIA

For the 13th IAAF World Junior Championships,
to be held in Moncton, Canada:
20-25 June 2010

1. PREAMBLE

Whereas;

- (i) The sole purpose of the team selection criteria contained herein is to provide ASA with an objective process to be employed for the selection of the team to the above-mentioned event (**the Championships**);
- (ii) The primary purpose of sending a South African team to **the Championships** is for the team to bring back glory to South Africa, in the form of medals, or for team members to at least end in the finals (final 8) of their events;

Now therefore it is resolved as follows;

- (i) that all athletes who have been selected to represent our country at **the Championships** have an obligation to avail themselves of such selection;
- (ii) that all selected athletes who have a potential to proceed to the finals of their events at **the Championships** should exploit that potential to the fullest; and
- (iii) that all athletes who qualify to be in the finals of their events should proceed to represent our country in those finals thereby exploiting to the fullest their possibilities of winning medals.

2. THE CRITERIA

- 2.1 The 2008 National Junior Track and Field Championships, to be known as the Trials for **the Championships (the Junior Trials)** will serve as the trials to select the team to **the Championships**.
- 2.2 **The Junior Trials** will be strictly compulsory for all athletes who wish to be selected for the team to **the Championships**.

Athletes who miss **the Junior Trials** will not be considered for selection.

- 2.3 **The Provisional Team** will be announced immediately after **the Junior Trials**, and **the Final Team** will be announced at a later date closer to **the Championships**.
- 2.4 All athletes who place in the top two in the finals of their specialist events, at the **Junior Trials**, and achieve the ASA Standard, will automatically be selected into the **Provisional Team**.
- 2.5 Only athletes in **the Provisional Team** will be **considered** for selection into **the Final Team**.

The only exception to this rule is athletes who will represent South Africa at the 2010 IAAF World Cross Country Championships. These athletes will be considered for selection into the **Final Team**, even if they are not in the **Provisional Team**. **This will happen entirely at the sole discretion of the Executive Board of ASA.**

- 2.6 Only athletes who were born in 1991, 1992, 1993 and 1994 will be eligible for selection into the **Provisional Team**, and finally the **Final Team**.

3. GENERAL

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- 3.1 Performances achieved in indoor competitions will be accepted.
- 3.2 The following performances will not be accepted:
- (i) Performances achieved in mixed (including male and female participants) track and field events.
 - (ii) Wind-assisted performances.
 - (iii) Hand-timing performances.
- 3.3 Any exceptions to these selection criteria will be made at the sole discretion of the Executive Board of ASA.
- 3.4 These criteria are subject to the rules of the IAAF.

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13th IAAF WORLD JUNIOR CHAMPIONSHIPS
Moncton, Canada: 20 - 25 JULY 2010

ASA ENTRY STANDARDS

Men	Event	Women
10.5 0	100m	11.75
21.20	200m	24.00
47.30	400m	53.50
1:51.00	800m	2:09.00
3:46.00	1500m	4:15.00
-	3000m	9:30.00
13.55.00	5000m	16:20.00
31:00.00	10000m	-
13.90 (1067m)	110m H / 100m H	14.00
52.40	400m H	59.80
8:48.00	3000m SC	10:15.00
44:05.00	10000m Race Walk	50:55.00
No Standard	4 x 100m Relay	No Standard
No Standard	4 x 400m Relay	No Standard
2.15	High Jump	1.80
5.20	Pole Vault	4.00
7.50	Long Jump	6.15
15.80	Triple Jump	13.20
19.15 (6kg)	Shot Put	15.60
56.50 (1.75kg)	Discus	50.00
72.00 (6kg)	Hammer	55.00
72.00	Javelin	54.00
7400 points	Decathlon	-
-	Heptathlon	5500



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ASA TEAM SELECTION CRITERIA

For the 2010 Commonwealth Games,
to be held in New Delhi, India
03-14 October, 2010

1. PREAMBLE

Whereas;

- (i) The sole purpose of the team selection criteria contained herein is to provide ASA with an objective process to be employed for the selection of the team to the above-mentioned event (**the Games**);
- (ii) The primary purpose of sending a South African team to **the Games** is for the team to bring back glory to South Africa, in the form of medals, or for team members to at least end in the finals (final 8) of their events;

Now therefore it is resolved as follows;

- (i) that all athletes who have been selected to represent our country at **the Games** have an obligation to avail themselves of such selection;
- (ii) that all selected athletes who have a potential to proceed to the finals of their events at **the Games** should exploit that potential to the fullest; and
- (iii) that all athletes who qualify to be in the finals of their events should proceed to represent our country in those finals thereby exploiting to the fullest their possibilities of winning medals.

2. TRACK AND FIELD

- 2.1 The 2009 National Senior Track and Field Championships **the Trials** will serve as the trials to select the team to **the Games**.
- 2.2 **the Trials** will be strictly compulsory for all athletes who wish to be selected for the team to **the Games**.

Athletes who miss **the Trials** will not be considered for selection.

- 2.3 **The Provisional Team** will be announced immediately after **the Trials**, and **the Final Team** will be announced not later than 31 July 2010.
- 2.4 All athletes who place in the top two in the finals of their specialist events, at the Trials, **and** achieve the IAAF 'A' Standard , **and** satisfy the provisions of paragraph 2.6 and 2.9 herein, will automatically be selected into the **Provisional Team**.
- 2.5 All athletes in the **Provisional Team** will be considered for selection into the **Final Team**.
- 2.6 All athletes who wish to represent South Africa at **the Games must** compete in the following meets, **and in their specialist events:**
- (i) the Trials, and
 - (ii) Three Yellow Pages (YP) events in the 2010 track and field season.
- 2.7 All athletes who achieve the IAAF 'A' Standard in the YP events, but fail to achieve the Standard at **the Trials**, will be considered into the final team, provided they do not displace any athletes in the **Provisional Team** who qualified on the IAAF 'A' Standard at the Trials.
- 2.8 All athletes who achieve the IAAF 'A' Standard anywhere else other than the YP and the Trials will be considered for selection into the Final Team, provided that they do not displace any athletes in the Provisional Team. This will happen on the sole discretion of the ASA Board.'
- 2.9 Only athletes under the age of 23 will only be considered in the team if they achieve IAAF 'B' standard in the Trials or anywhere else. This will be considered on the sole discretion of the ASA Board.
- 2.10 Athletes selected to the provisional team will be expected to show form by performing 'A' Standard in the period June – July in ASA / IAAF recognised events.
- 2.11 Athletes selected to the provisional team will not be allowed to compete anywhere (except the IAAF World Indoor Championships) from 20 March 2010 until 14 June 2010.

3. MARATHON

- 3.1 Athletes who wish to be considered for selection onto **the Final Team** should attain the following qualifying times in the period 03 September 2009 and 30 April 2010, at any marathon recognised by ASA:

Men: 2:12:00

Women: 2:36:00

3.2 Selected marathon runners will not be permitted to compete in any distance over 21.1km after 30 April 2010.

3.3 All selected marathoners will be required to compete in a half marathon race in the period to be advised later, in order to prove their fitness.

4. GENERAL

4.1 Performances achieved in indoor competitions will be accepted.

4.2 The following performances will not be accepted:

- (i) Performances achieved in mixed (including male and female participants) track and field events.
- (ii) Wind-assisted performances.
- (iii) Hand-timing performances.

4.3 Any exceptions to these selection criteria will be made at the sole discretion of the Executive Board of ASA.

4.4 These criteria are subject to the rules of the IAAF, and the rules of the IOC, governing **the Games**.

4.5 Only performances at the six Yellow Pages events, the National Senior Track and Field Championships (the Trials) and the events sanctioned by the IAAF will be recognised by ASA for selection of athletes into the ASA team.

4.6 The Area Champions in all individual events (except Marathons) automatically qualify for the World Championships and will be considered as having achieved the "A" standard.

COMMONWEALTH GAMES, NEW DELHI, INDIA: 03-14 OCTOBER 2010

ENTRY STANDARDS

Men	Event	Women
Standard		Standard
10.26	100m	11.41
20.66	200m	23.34
45.78	400m	52.35
1:47.72	800m	2:01.11
3:40.92	1500m	4:08.42
13:24.03	5000m	15:12.34
28:47.49	10 000m	32:32.38
2:19.39	Marathon	2:39.14
8:30.59	3000mSC	10.09.14
13.70	110m H / 100m H	13.48
49.85	400m H	56.67
1:32.54	20km Race Walk	1:47.35
4:25.39	50km Race Walk	
39.97	4 x 100m	44.37
3:02.01	4 x 400m	3:34.91
7900pts	Decathlon / Heptathlon	6181 pts
2.20m	High Jump	1.83m
5.20m	Pole Vault	4.25m
7.96m	Long Jump	6.54m
16.53m	Triple Jump	13.23m
18.46m	Shot Put	16.52m
60.08m	Discus Throw	58.38m
70.09m	Hammer Throw	61.92m
78.06m	Javelin Throw	57.29m

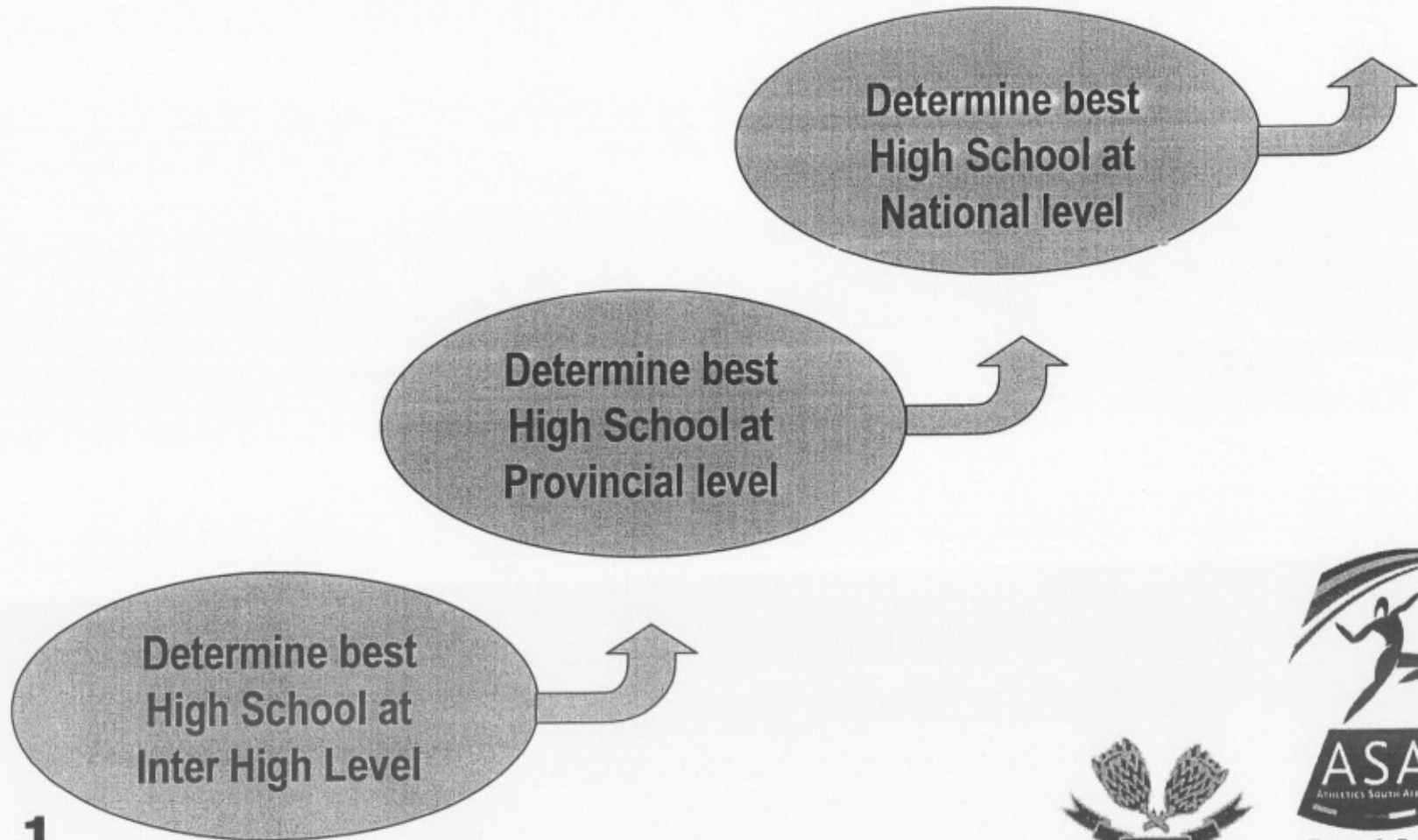
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FROM GRASS ROOTS TO GLORY – THE ULTIMATE CHALLENGE



SCHOOLS ATHLETICS

A CAPACITY BUILDING PROGRAMME FOR SCHOOLS





THE SASA GAME PLAN

DETERMINING THE BEST HIGH SCHOOL IN SOUTH AFRICA

1. Determine the best High Schools Athletics Team by means of a process of mass participation:
 - Inter High Schools Athletics Meetings – 5696 Inter Schools
 - Inter Zonal High Schools Athletics Meetings – 712 Zones
 - Inter District High School Athletics Meetings – 89 Districts
 - Provincial High Schools Athletics Meetings – 9 Provinces
 - National High Schools Athletics Meeting – 1 National
2. The winning teams from each level will progress to the next level until the best school in South Africa is determined at national level.
3. The winning team is determined by identifying the best 10 boys and 10 best 10 girls from a school at each level
4. An objective points system (APE Tables) are used to determine the winning team at each level
5. The boys team and girls team can be from different schools
6. Schools compete in their school colours at all levels of competition





THE SASA STRATEGY

TO DETERMINE THE BEST HIGH SCHOOLS IN SOUTH AFRICA

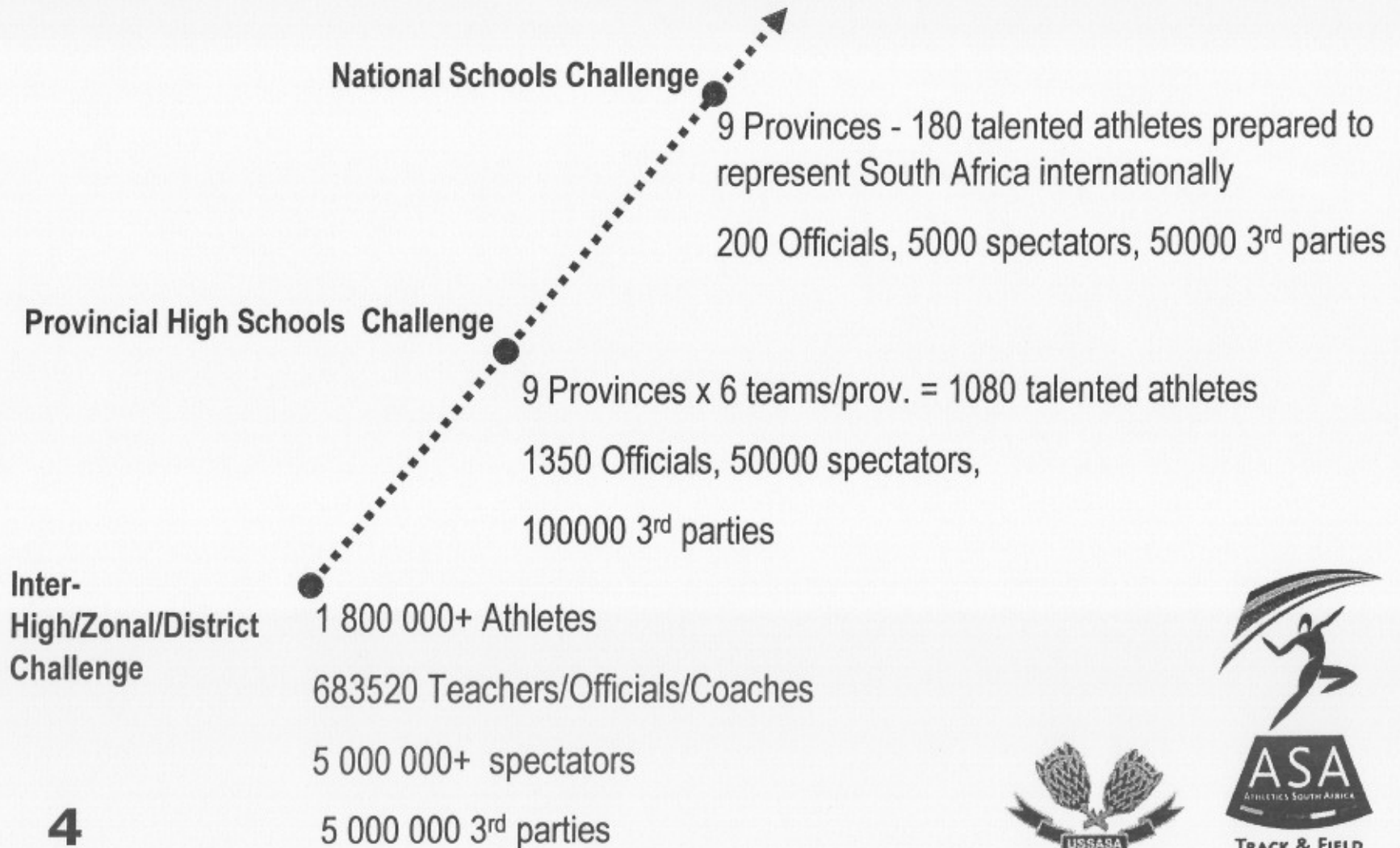


FROM GRASS ROOTS TO GLORY – THE ULTIMATE CHALLENGE



SASA NATIONAL HIGH SCHOOLS ATHLETICS CHALLENGE

16 WEEKS FROM GRASS ROOTS TO GLORY



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THE SASA OUTCOME

1. To develop life skills in the target group group 14-19 years, which are severally challenged with external and peer group pressures.
2. The SASA High Schools Challenge will develop life skills such as respecting differences, communication, conflict management, creativity, decision making and problem solving, time management, presentation skills, values and ethics, leadership, media training, financial skills, career guidance and employment skills, etiquette and social skills, substance abuse, sexual health and abuse, forming relationships, touring skills, using technology, social responsibility and volunteerism, legal contracts and agents, corruption in sport, respecting gender differences, discipline, loyalty to sponsors, crime prevention, human rights, entrepreneurship and self-employment.
3. The SASA High Schools Challenge will make a contribution towards nation building
4. The SASA High Schools Challenge will prepare young learners to make a constructive contribution to the GDP of South Africa.





SASA INTER SCHOOL/ZONE/DISTRICT HIGH SCHOOLS ATHLETICS CHALLENGE

MARKETING OPPORTUNITIES	STATISTICS	Responsible
Television rights	Optional	NA
In media releases, briefing sessions, etc.	5696 + over 16 weeks	SASA District
People introduced to event	50 000 000	SASA District
On programmes, result sheets, invitations, etc.	20 000 000 copies	SASA District
APE Tables	6000	SASA National
On composite boards at the event	0	SASA National
Operational expenses & briefing sessions	R2 500 000	Sponsor





SASA PROVINCIAL HIGH SCHOOLS ATHLETICS CHALLENGE
9 PROVINCIAL INTER HIGH SCHOOL ATHLETICS MEETINGS

MARKETING OPPORTUNITIES	STATISTICS	Responsible
Television rights	Optional	SASA National
In media releases, briefing sessions, etc.	27+ over 3 weeks	SASA Provincial
People introduced to event	50000	SASA Provincial
On programmes, result sheets, invitations, etc.	200 000 copies	SASA Provincial
On composite boards at the event	36 +	SASA National
Operational expenses & event marketing	R450 000	Sponsor





SASA NATIONAL OPERATIONS NATIONAL HIGH SCHOOLS ATHLETICS CHALLENGE

MARKETING OPPORTUNITIES	STATISTICS	Responsible
Television rights	Optional	SASA National
In media releases, briefing sessions, etc.	5 + over 16 weeks	SASA Provincial
People introduced to event	50000+	SASA Provincial
On programmes, result sheets, invitations, etc.	500 000 copies	SASA Provincial
On composite boards at the event	9 x 1mx6	SASA National
Competition number logos	2000	SASA National
VIP Tickets and function	200	SASA National
Operational expenses/ team travel/accommodation	R600 000	Sponsor
SASA Operational expenses & event marketing	R300 000	Sponsor





SASA NATIONAL HIGH SCHOOLS ATHLETICS CHALLENGE

BUDGET SUMMARY

MARKETING OPPORTUNITIES	Budget
124 x District Inter High School meetings	R2 500 000
9 x Provincial Inter High School meetings	R450 000
1 x National Inter High School meeting	R900 000
Total expense	R3 850 000

TOPOGRAPHIC LAY-OUT: ANNUAL INCOME/EXPENSES

BUDGET	Sep 2010	Oct 2010	Nov 2010	Dec 2010	Jan 2011	Feb 2011	Mar 2011	Apr 2011	Total
INCOME	1 000 000			1 000 000		1 445 000			3 850 000
EXPENSES	500 000			500 000		1 400 000		1 450 000	3 850 000

