



Presentation to Portfolio Committee
14 November 2023

OVERVIEW

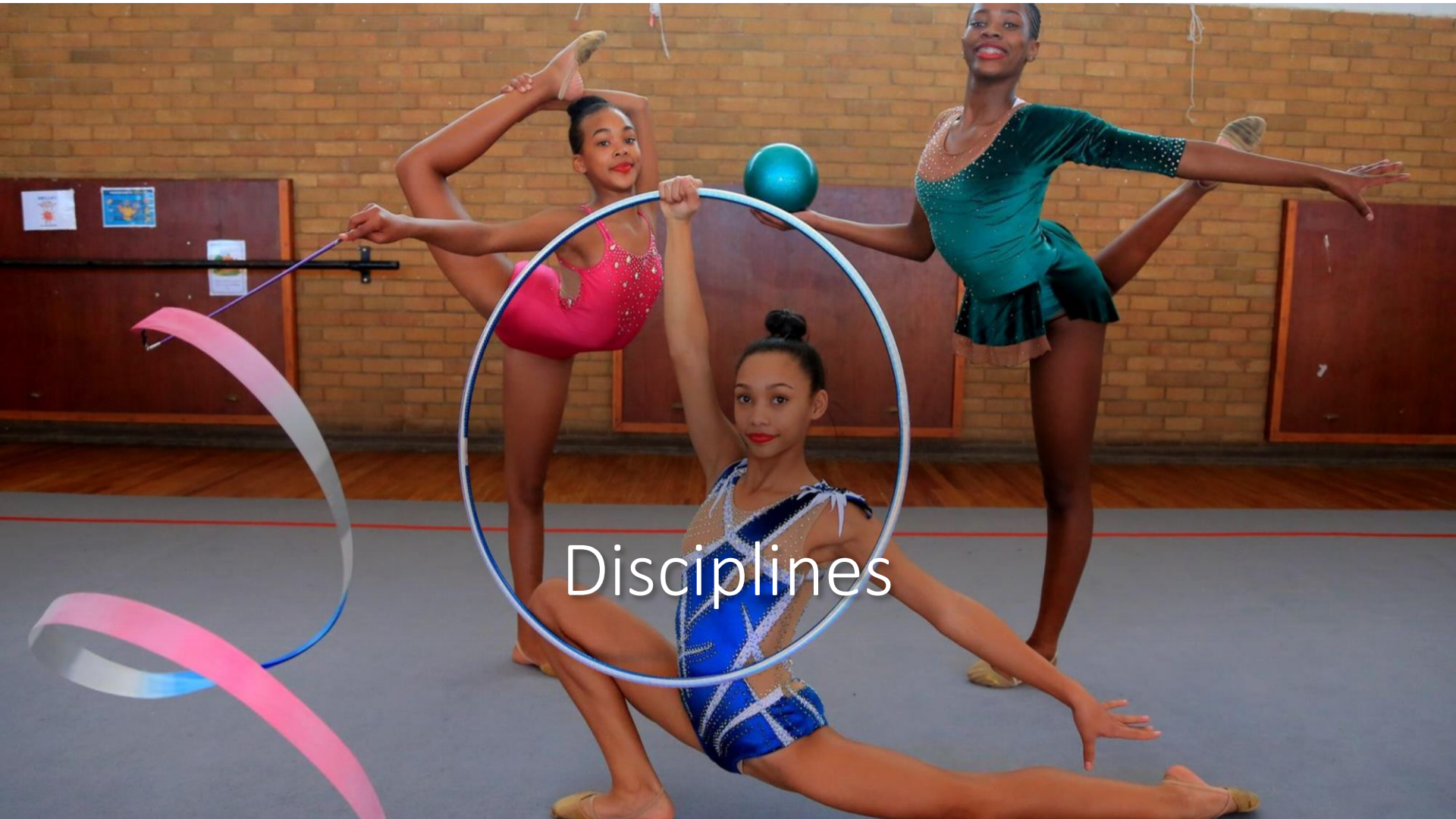


- About Gymnastics South Africa
- Gymnastics SA Annual Report
- 17th African Artistic Gymnastics Championships
- Downs Syndrome Games
- National Gym Games
- FIG Artistic World Championships

About Gymnastics SA

- Governing body for 9 Disciplines of Gymnastics.
- Affiliated to :
 - International Gymnastics Federation (FIG)
 - International Jump Rope Union (IJRU)
 - African Gymnastics Union (UAG)
 - African Jump Rope Federation (AJRF)
 - AUSC Region 5 Gymnastics (AUSCR5G),
 - South African Sports Confederation and Olympic Committee (SASCOC)
- Recognized by the Department of Sport, Arts and Culture.





Disciplines



Women and Men's Artistic Gymnastics



Rhythmic Gymnastics



Gymnastics For All



Acrobatic Gymnastics



Aerobic Gymnastics



Parkour



Rope Skipping

Trampoline and Tumbling





VISION

To create, through participation in gymnastics, a society of accomplished, self-confident individuals who are able to impact their own world positively with the lessons they have learned.



OUR FOOTPRINT

ABOUT
US

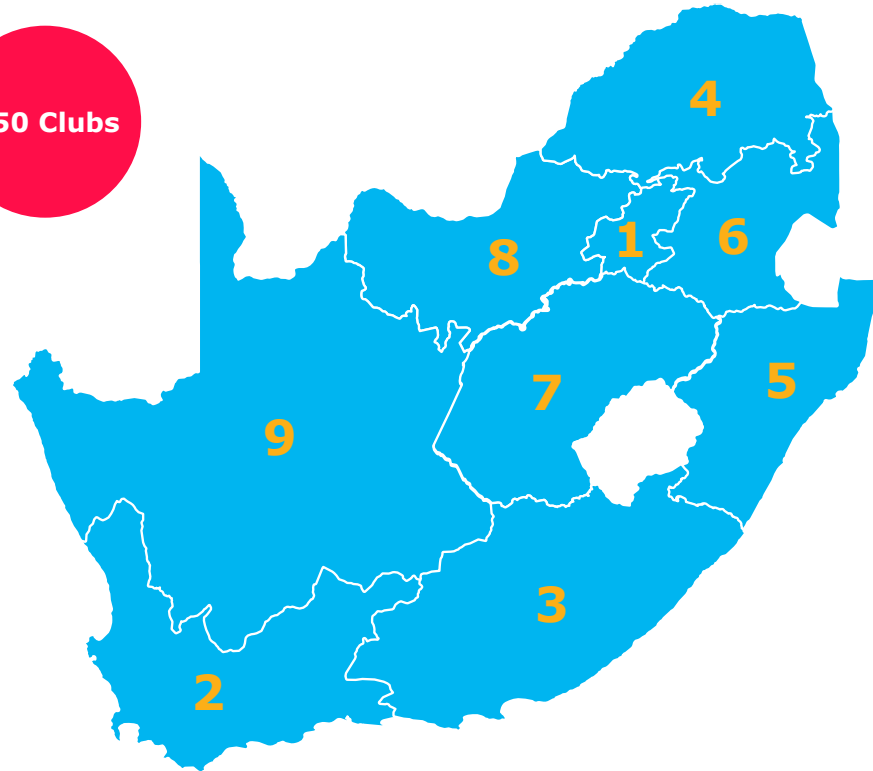
19 000 members across South Africa

9 Provinces

350 Clubs

455 schools

47 Districts



Representing an estimated
8 000 households



MISSION

To empower each other with the fundamental physical, emotional and mental skills through the uniqueness of gymnastics.

To offer a wide range of well-designed programmes to people of all ages.

To create opportunities for all members to reach their full potential in a safe manner while respecting the uniqueness of every individual.

To create an ethos of loyalty, discipline, camaraderie, mutual respect and self-confidence.

WE BELIEVE THE WORLD WILL BE A BETTER PLACE IF EVERYONE HAS AN UNWAVERING BELIEF IN THEIR POTENTIAL.

GYMNASTICS SA STRATEGY

GOVERNANCE

- Enhance strategic management practices and collaboration on and between all levels
- Maintain and enhance a culture of organisational unity and a focused purpose
- Update revenue model, create additional income streams increase commercialisation
- Enhance current and increase strategic relationships

EDUCATION AND TRAINING

- Expand formal education to improve leadership training on all levels
- Empower clubs with online growth strategies and improve business skills
- Empower the technical domain with competence specific enhancement programmes
- Provide accessibility and affordability of training

COMMUNICATION & MARKETING

- Raise awareness of gymnastics as a sport and increase profile in corporate sector
- Increase outreach to clubs, enabling business growth and sharing best-practice
- Celebrate talent, increase exposure and create more ambassadors for the sport

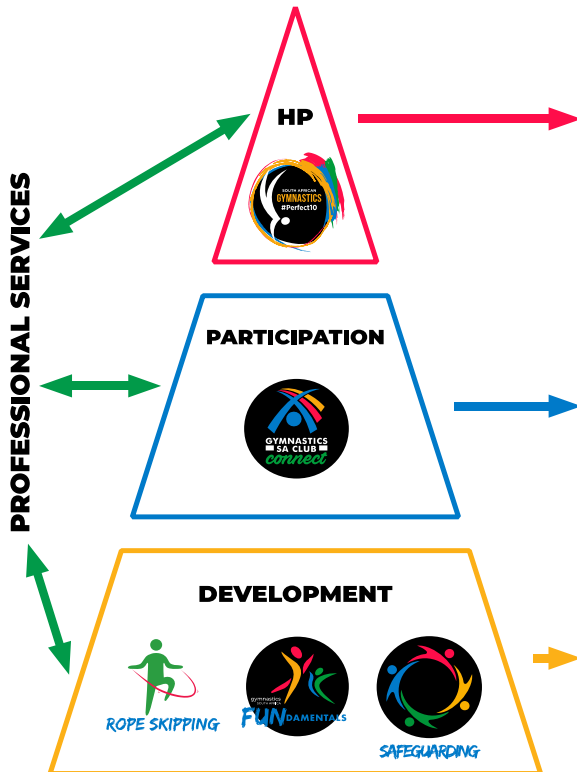
TRANSFORMATION

- Mobilise resources for transformation, diversity and social cohesion.
- Increase accessibility of gymnastics in urban disadvantaged and rural black communities.
- Ensure increased inclusivity in gymnastics and removing barriers to participation, including ability, gender, age, race, religion and sexual orientation.
- Identify transformation indicators for all gymnastics disciplines and develop a transformation plan per discipline.

GYMNASTICS AS A TOOL

- Adapt existing programmes and/or develop new programmes to focus on holistic personal development.
- Develop programmes that will address key Sustainable Development Goals
- Develop programmes that intentionally addresses socio economic challenges in communities e.g. substance abuse, teenage pregnancy, youth development.
- Develop programmes to support improve physical education and get South Africans physically active.

2030 STRATEGIC GOALS



HIGH PERFORMANCE

- Maintain 4-8 year plans for all high performance programmes
- Focus on preparation and support for Africa Championships, World and Commonwealth Games and Olympics
- Maintain and grow career development, life skills and scientific support programmes
- Support and grow the number of clubs producing HP gymnasts with infrastructure to act as Performance Centres
- Identify apparatus specialists to win medals at World Cups and Commonwealth Games.

PARTICIPATION

- Design and implement club enhancement programmes
- Create more online programmes and products
- Revitalise and increase competitions & events on all levels
- Increase cohesion & consultation throughout participation domain

DEVELOPMENT

- Create more mass participation programmes
- Introduce more online programmes and expand on older adults and senior citizen programmes
- Resources and training for teachers
- Increase school's participation

OVERVIEW OF 2021 – 2022 ANNUAL REPORT

ANNUAL
REPORT

We salute all our fallen heroes,

Emerging from Covid 19 – participation back
into full swing

Our former CEO, Anne Vermaak has left the
Federation

HIGH PERFORMANCE

ANNUAL
REPORT

Post Covid Various World Cups , World Challenge Cups, Grand Prix events

African Championships in Egypt – WAG Team silver, MAG Team bronze, RG Team silver

Commonwealth Games – WAG Team 4th and Caitlin Rooskrantz bronze on bars

Region 5

The personal cost of participating in international competition remains a challenge



PARTICIPATION



- The base unit of the Federation is our clubs
- Schools
- Coaching development & FIG Academies
- Gym Games, Zone Festivals
- Perfect 10

TRANSFORMATION AND DEVELOPMENT

ANNUAL
REPORT

Co-ordinators in the provinces - struggling with funding to continue to expand this initiative which has been embraced by districts and provinces

From a transformation perspective we have met most of our goals, but lack resources to maintain and grow

Gym for All - more programmes for adults and seniors have been introduced in the form of Gymnastics Festivals.

Participation in the World Gymnaestrada and the Gym for Life Challenge is a key priority.



GOVERNANCE AND SUPPORT SERVICES

- Governance across the spectrum is good. (Awards, Lotto funding, SASCOC membership.)
- Financial management is exceptional with a clean audit received
- Sub-Committees of Exco overseeing various aspects of the Federation are active and effective

SAFEGUARDING

ANNUAL
REPORT








Gymnastics SA has a policy since 2019

Has online learning material that coaches, judges and safeguarding personal are doing.

Gymnastics SA has assisted various other Federations in the Education of safeguarding officers.

Challenges:

- Change management
- Registers not being updated regular
- Inadequate resources to fully run programme

		Load More
3rd March 2023		Gymnastics SA continues to build a safe sport environment <i>Gymnastics SA continues to build a safe sport environment</i>
1st December 2020		Safeguarding Training <i>Gymnastics SA coaches and volunteers</i>
23rd September 2020		The Safe Sport Commission <i>Safe Sport Commission</i>
5th August 2020		Gymnastics South Africa takes a stand for safe sport environment <i>A stand for safe sport environment</i>
8th June 2020		SAGF Clubs – COVID-19 Health and Safety Risk Assessment <i>COVID-19 Health and Safety Risk Assessment</i>
28th May 2020		SAGF COVID-19 Health and Safety E-learning training <i>SAGF COVID-19 Health and Safety E-learning training</i>
30th March 2020		Gymnastics goes online for good physical and mental health to stay safe and positive <i>Gymnastics South Africa set to keep South Africa moving</i>



RESOURCES

- The financial sustainability of the Federation is of the utmost importance and is the number one priority
- Cannot fund the various programmes that the federation offers or becomes a part of e.g. preparation and participation in international competitions.
- Appreciate government support and intervention
- Corporate sponsors are not beating down our doors to come to our aid
- Task team to begin to focus on this.

MARKETING

- Good exposure on social media and an increase in media interest from newspaper outlets, radio, and other media platforms.
- All to play their part in marketing gymnastics and raising awareness of what gymnastics is all about.
- Many still believe that Gymnastics only consists of the Olympic Disciplines. It is up to all of us to change perceptions for the mutual benefit of all.
- Professional Marketing services.



17th AFRICAN ARTISTIC GYMNASTICS CHAMPIONSHIPS

Objectives

- Successfully host the 17th Artistic Gymnastics African Championships in Tshwane
- Successfully host the Wales/SA competition, alongside the African Championships
- Raise profile of gymnastics in South Africa

Target audience

- Gymnastics South Africa family
- General public
- Participating African nations
- Potential sponsors
- City of Tshwane





Participating Nations

1. Algeria
2. Angola
3. Egypt
4. Cameroon
5. Mali
6. Morocco
7. Senegal
8. South Africa

ACHIEVEMENTS



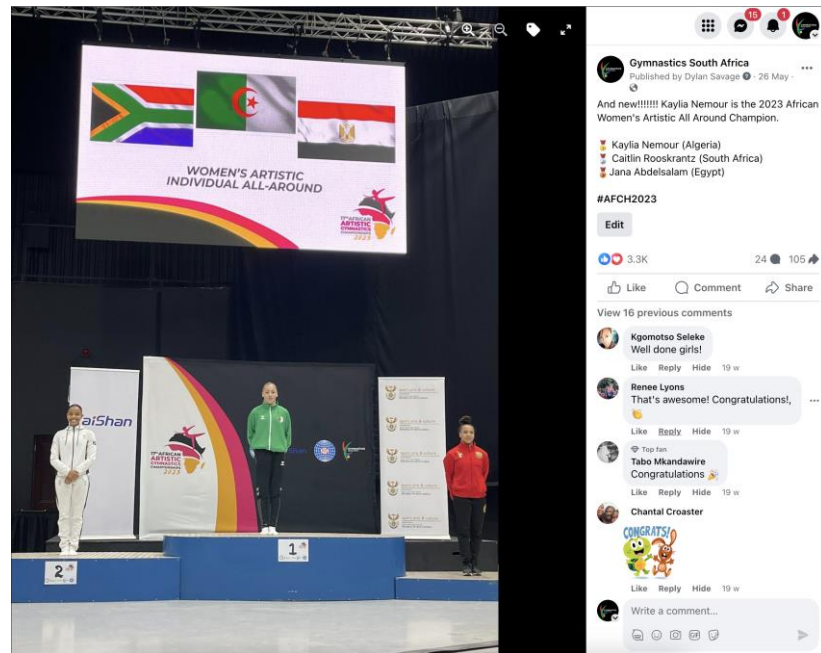
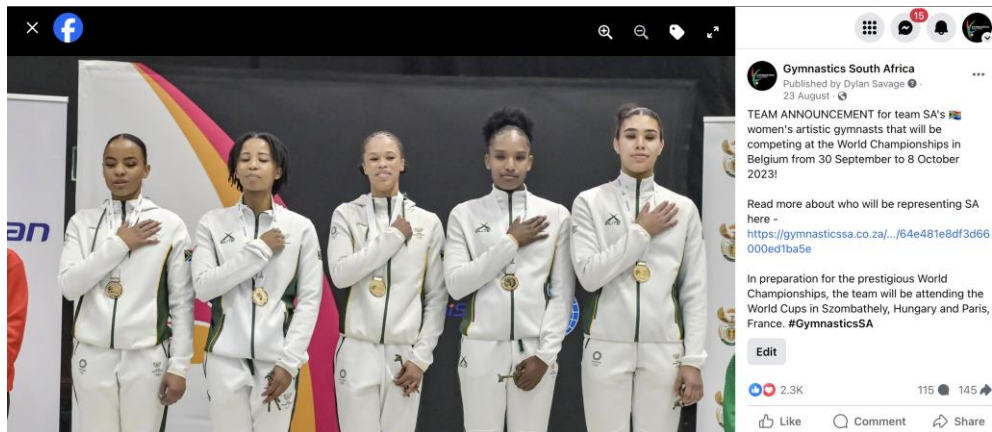
- South African Women's Artistic team won 1st place
- South African Men's Artistic team finished 4th



SOCIAL MEDIA RESULTS

REACH ON SOCIAL MEDIA

Facebook total reach	400 454
Twitter impressions	449 800
Instagram impressions	235 820



PUBLICITY

Clip count	75
Total value	R 1 714 484
Total circulation	47 mil (duplicated)



Friday, May 26 2023



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2023 African Artistic Gymnastics Championships

Announcement of South Africa team to compete in the 17th African Artistic Gymnastics Championships.

May 11, 2023 Supplied Content 2 minutes read



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SA women's gymnastics team bags gold and qualifies for World Champs

written by Savanna Douglas | May 31, 2023



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NEWS NEWS NEWS

Cream of SA's artistic gymnasts to compete against continent's best in Tshwane



WRITTEN BY
Zelda Venter
Chief Reporter,
Pretoria News

Caitlin Rooskrantz
Published May 31, 2023



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Caitlin Rooskrantz and Naveen Daries Lead SA Women's Team at 17th African Artistic Gymnastics Championships

Olympic artistic gymnasts Caitlin Rooskrantz and Naveen Daries will lead the South African women's team that will compete at the 17th African Artistic Gymnastics Championships at Heartfelt Arena in Tshwane from 25-27 May 2023. Team SA will want to emulate and outdo...



PUBLICITY

'Werk na perfekte gedoen'



Caitlin Rookkrantz van Suid-Afrika wys wat sy kan doen op die 17de Afrika-Artistieke Gimnastiekkampioenskap wat die naweek in Centurion gehou is. Foto's: CHRISTAAN KOTZE

SA vroue skitter op kampioenskap

Die Suid-Afrikaanse vroue-gimnastiekspan is die naweek as die wenner van die 17de Afrika-Artistieke Gimnastiekampioenskap in Centurion gebore.

Dié is die eerste oorwinning in die vroue se artistieke span-kampioensie sedert 2006.

Omdat Suid-Afrika dié baie gesogte spankategorie gewen het, het die span nou outomaties België gekwalifiseer.

Egipte en Algerië was onderskeidelik die silwer- en bronsmedalje-wenners.

Iseo Polzer, Suid-Afrika se hooftrikser, sê in 'n verklaring dié 'n "massiewe verligting".

"Die meisies het hul werk perfek gedoen."

Donny Jurgens, presi-

dent van Gimnastiek Suid-Afrika, het die oorwinning as geskiedkundig bestempel.

"Die ondersteuning was ongelooflik en gimnastiek is lewendig in Suid-Afrika. Ons is baie trots om 'n geleentheid van hierdie statuut in Suid-Afrika te kon aanbied.

"Die vlak van artistieke gimnastiek vir vroue wat vertoon is, was uitsonderlik en ons wens al die weners geluk wat hul talente so kundig teen ons



Aiden Maguire van Suid-Afrika toon sy staal.

stel het."

Egipte het koning gekraai in die mansdeiling in die Heerfelt-arena in Centurion teen Algerië, Marokko en 'n Suid-Afrikaanse span van drie lede bestaande uit Muhammad-Khalid Mian, Aidan Maguire en Ruan Lange.

Die individuele veelsydige-byenkoms is deur Omar Mohamed, veelsydige silwermedalje-wenner van 2022, oorspoors.

Kaylla Nemour van Algerië is



Ahmed Abdelrahman van Egipte op die kampioenskap.

as die wenner van gimnaste van vyf nasies in die vroue-deiling gekroon.

Caitlin Rookkrantz, Suid-Afrika se vernaamste medalje-hoop en verdedigende kampioen van die gimnastiekampioenskap in Egipte verlede jaar, het algeheel tweede geëindig.

Egipte se Jana Abdelsalam was die ontvanger van die bronsmedalje. – Netwerk24

20:05 CAT



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SA GYMNASTS GET A CHANCE TO PARTICIPATE AGAINST QUALITY OPPOSITION

STAGE 5 ROLLING BACKOUTS

17th AFRICAN ARTISTIC GYMNASTICS CHAMPIONSHIPS 2023



South Africans excel at gymnastics championships

Koos Verster

Pretoria-based anchor International sporting event but took place at the 17th African Artistic Gymnastics Championships were presented at Heerfelt Arena in Centurion.

The level of competition in the continental championships event on the national gymnastics calendar was unusually high, as gymnasts from five national federations in the women's artistic competition.

The host nation's coach and coach was clearly in evidence, an emotional powerhouse Egypt and host nation South Africa were head-to-head.

Caitlin Rookkrantz, South Africa's main medal hope and defending champion from Egypt last year, had an excellent clean competition, making second event, but the star of the evening was Algeria's Kaylla Nemour, who trains in France and was not available to compete last year in Egypt.

Egypt's Jana Abdelsalam was the recipient of the bronze medal.

However, it was team South Africa who won the big winners on the evening, maintaining their early lead throughout a virtually flawless competition to take the team gold.

By having won this small semi-official competition, South Africa's women have a now qualified automatically for World Championships in Antalya, Belgium, later this year, while Egypt and Algeria, the silver and bronze medalists respectively, will be invited to send individual gymnasts to the event as well.

SA head coach, the Polzer, was excited by her gymnasts' showing.

"It's a massive effort, the girls did their job as perfectly. The goal was for three of our four gymnasts to be clean on each apparatus, and they did that. It's always nice after the event," Polzer remarked after the competition.



Team SA show their joy after winning the women's team competition at last week's 17th African Artistic Championships at the Heerfelt Arena. Photo: Christiaan Kotze

According to Polzer, it was a historic night for South African gymnastics as it was the country's first team victory in the women's artistic team competition since 2006. The men's team competition, which also earned the honors for the winners of automatic qualifying for the World Championships in Antalya, Belgium, later this year, was fought out between powerhouse Egypt, Algeria, Morocco and a five-year South African team comprising Muhammad-Khalid Mian, Aidan Maguire and Ruan Lange.

In the end, it was the team from Egypt who reigned supreme on the night, beating out challenges from Algeria and Morocco to boost their place as winners. The Egyptian

were in a class of their own, winning the team competition by over 11 points, as they dominated throughout and had a very clean competition.

Gymnastics South Africa President, Donny Jurgens, expressed his delight at the standard of competition and especially at the terrific support that the event received over the two days.

"It was an honour to host this competition and the spirit shown by all competitors, even the less traditional gymnastics nations who went off-site to compete, was a joy to behold. We congratulate all winners and wish all nations, officials and delegates from other countries safe onward travels until we meet again," said Jurgens.



South Africa's star gymnast, Caitlin Rookkrantz, in action during the 17th African Artistic Championships at the Heerfelt Arena in Centurion.



17th AFRICAN ARTISTIC GYMNASTICS CHAMPIONSHIPS 2023

OVERVIEW



DSIGO GYMNASTICS WORLD CHAMPIONSHIPS

Matsport Centre, Centurion

Tshwane South Africa
23 & 24 September 2023

ARGENTINA BULGARIA ITALY
SOUTH AFRICA USA MEXICO



DSIGO OBJECTIVES AND TARGETS

- We believe we are delivering on the mandate of DSAC and the NSRP, perhaps more than some other sports can.
- Gymnastics combine sport and culture, encouraging an active lifestyle and positive attitude.
- Gymnastics SA has proven that we have top class governance and operations in place.
- We have shown our ability to deliver quality programmes for all in all communities, urban and rural.
- INCLUSIVITY is non-negotiable.
- We have shown that we are serious about preventing abuse to gymnasts, i.e. safeguarding.
- We are serious about Transformation and Leadership development.
- We are serious about using sport as a tool to address social ills.



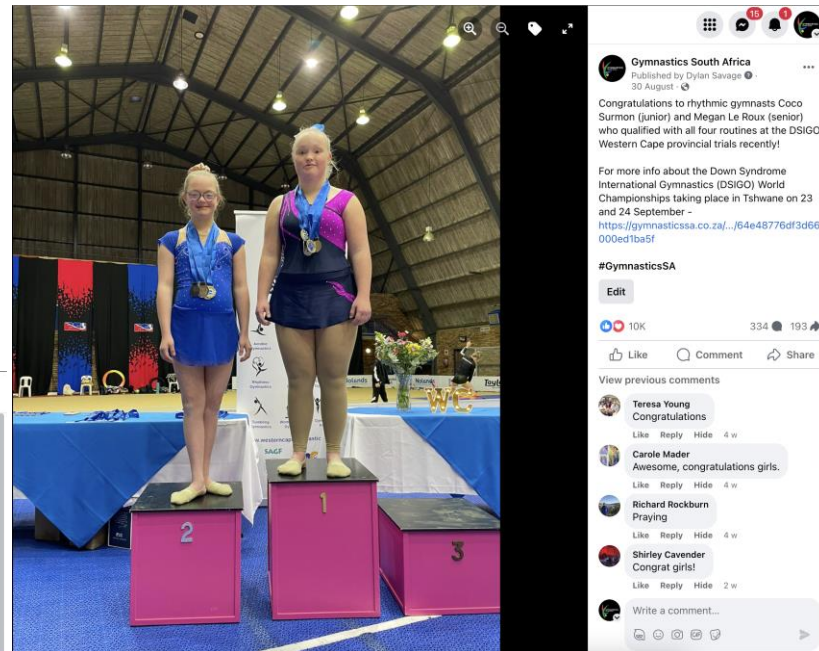
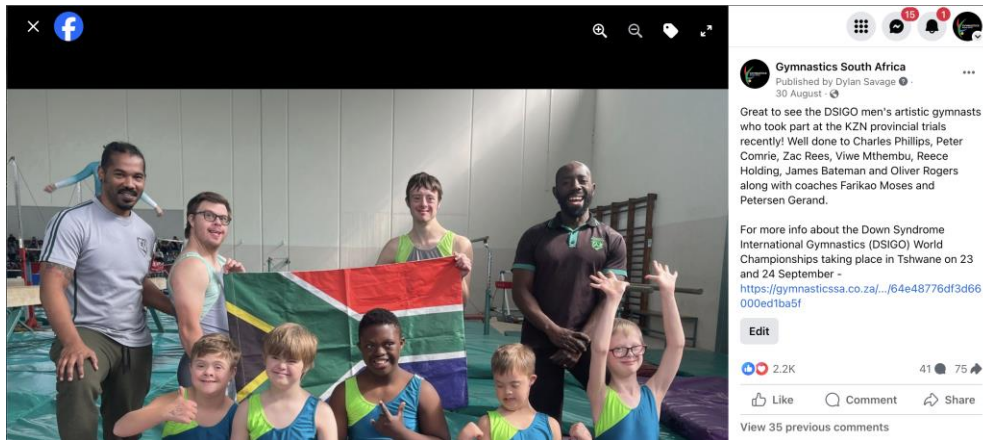
SOCIAL MEDIA COVERAGE

REACH ON SOCIAL MEDIA

Facebook total reach

Twitter impressions

Instagram impressions



PUBLICITY

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Coco and Megan head to Championships

By Carolyn Frost September 21, 2023

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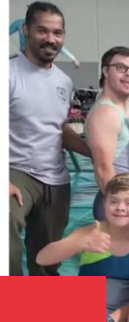


Coco Surmon and Megan le Roux

SEARCH HEAD TOPICS SOUTH AFRICA

South Africa to host Down Syndrome International Gymnastics World Championships

2023/09/04 18:29:00



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South Africa To Host Down Syndrome International Gymnastics World Championships

27 Days(s) Ago 57



south africa to host down syndrome international gymnastics

JOHANNESBURG South Africa will be hosting the 2023 Down Syndrome International (DSIGO) World Championships.

Gymnasts from six different countries will participate in the DSIGO World Championship take place at the Matspot Centre in Eldoraigne, Tshwane on 23 and 24 September.

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South Africa hosts Down Syndrome International Gymnastics World Championships

Newroom Afrika 312K subscribers Subscribe

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Proud Hosts: Gymnasts Unite in Tshwane for 2023 DSIGO Championships

BY ANSLOUGH REPORT @GOODTHINGSGUY SEP 26, 2023



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SA to Host Down Syndrome International Gymnastics World Champs

BY ANSLOUGH REPORT @GOODTHINGSGUY AUG 31, 2023



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OVERVIEW



WORLD CHAMPIONSHIPS



- Caitlin Rooskrantz has left her mark at the FIG Artistic Gymnastics World Championships and managed to qualify for the Paris Olympic Games in 2024.
- Team South Africa also achieved a historic 19th place finish at the World Championships. Under new qualification rules set by the FIG, only one team from Africa could qualify to compete as a team.

MEDIA COVERAGE

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CAITLIN ROOSKRANTZ BOOKS TICKET TO 2024 PARIS OLYMPICS

10 October 2023 10 October 2023

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South Africa's superstar gymnast Caitlin Rooskrantz has secured her spot at the 2024 Paris Olympics at the FIG Artistic Gymnastics World Championships in Antwerp, Belgium. Rooskrantz also led the country's Gymnastics team to record a historic 19th place finish.

"We've earned a place in the 2024 Paris Olympic Games. It's been a long month of preparation in these


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SPORT

'We're coming home with that Olympic ticket!' SA gymnast Caitlin Rooskrantz books Paris 2024 spot

Written by Michael Sherman Multimedia Journalist, IOL Sport



South African gymnast Caitlin Rooskrantz was the main star of the weekend as she booked her ticket to the 2024 Paris Olympics of the Artistic Gymnastics World Championships in Antwerp, Belgium. Picture: Karen Sanderson African News Agency (ANA)

published Oct 4, 2023

You may like

Masked men cause havoc at Sea Point restaurant

South African gymnast Caitlin Rooskrantz has booked her ticket to the 2024 Paris Olympics, following a top

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She did it! SA gymnast Caitlin Rooskrantz has qualified for the 2024 Olympics

10 October 2023 10:08 AM 10 October 2023 10:08 AM 10 October 2023 10:08 AM 10 October 2023 10:08 AM

Rooskrantz qualified with her highest total score at the World Championships currently underway in Belgium.

Looking for a little good news to brighten your day? We have just the story for you.

South Africa's very own Caitlin Rooskrantz will officially make her SECOND Olympic appearance next year.


The 21-year-old gymnast from Johannesburg qualified for the 2024 Paris Olympics with her highest total score at the World Championships currently underway in Belgium.

Taking to Instagram to share the good news, Rooskrantz said she fought to the very end.

"It's been a long month of three different competitions in three different countries. Many exciting moments and some really tough ones too. Not everything went exactly to plan but we are coming home with an Olympic ticket, and that's all that matters.

"To that little girl out there, never stop believing. God put that dream in your heart for a reason."

caitlinrooskrantz @caitlinrooskrantz



SA gymnast Caitlin Rooskrantz qualifies for 2024 Paris Olympics

PUBLISHED ON 3 OCTOBER 2023 BY SMILE STAFF REPORTER


LATEST Springboks keep hopes

Smile News 08:00 (10/10/23)

Smile News 09:30

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- CITY HEADS TO COURT FOR FINAL EVICTION ORDER OF HOMELESS 10 October 2023



Caitlin Rooskrantz has left her mark at the FIG Artistic Gymnastics World Championships in Belgium, securing a spot for the Paris 2024 Olympics.

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KO JIF SAAM CHANGHELLE MET FRASERBERRY

News Sports Videos

Caitlin Rooskrantz Qualifies for 2024 Paris Olympics

SA Gymnastics Star Caitlin Rooskrantz has Qualified for 2024 Paris Olympics during the 2023 World Championship in Belgium

by Ryan Swano 7 days ago 727 Views



SA's Caitlin Rooskrantz Qualifies For 2024 Paris Olympics

NSA NewsNetwork 199 JOHANNESBURG TUE, OCT 10, 2023

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CAITLIN ROOSKRANTZ SECURES PARIS 2024 OLYMPIC SPOT AS TEAM MAKES HISTORY

SPORT

JUDO IS BREAKING POVERTY CYCLES FOR FARM CHILDREN ONE MOVE AT A TIME

Caitlin Rooskrantz has secured her Olympic spot for Paris 2024 after a stellar performance at the FIG Artistic Gymnastics World Championships! Global (03 October 2023) — Caitlin Rooskrantz has... The post Caitlin Rooskrantz Secures Paris 2024 Olympic Spot as Team Makes History appeared first on Good Things Day.

Click here to read the full article by .

SPORT

JUDO IS BREAKING POVERTY CYCLES FOR FARM CHILDREN ONE MOVE AT A TIME

CONCLUDING REMARKS

IN
CLOSING

- We believe we are delivering on the mandate of DSAC and the NSRP, perhaps more than some other sports can.
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- We are serious about Transformation and Leadership development.
- We are serious about using sport as a tool to address social ills.



Thank Colleagues for this Opportunity.

We Truly Appreciate Your Time.

Questions, Discussion



CONTACT

Donny Jurgens

President
Gymnastics South Africa
president@sagf.co.za