



Western Cape
Government

Cultural Affairs and Sport

SPORT ACADEMY SYSTEM

Department of Cultural Affairs and Sport

High Performance Sport

01 August 2017

Definition of an Academy

- According to the National Sport and Recreation White Paper:

*"An academy system refers to a **range of institutions** in SA that will be part of a national unified approach with the main target of developing sporting talent at **different levels.**"*



Objective

- The overall objective of the academy system is to develop talented athletes through the provision of sport science and medical services and provide training opportunities to athletes, coaches, administrators and technical staff in line with a coordinated national plan (*White Paper of SA 2012*).
- This will assist in addressing the demographics of our national teams by accelerating the development of talented athletes from the disadvantaged groups (*White Paper of SA 2012*).

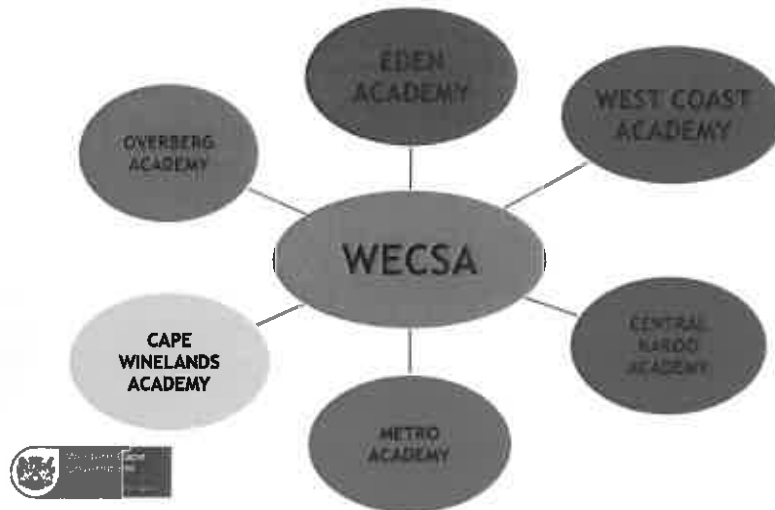


ACADEMIES

1. Western Cape Sport Academy DCAS Head Office	2. Eden District Sport Academy De Jager Sport Complex
3. West Coast District Academy Saldanha Sport Complex	4. Cape Winelands District Academy Dal Jusaphat
5. Central Karoo Academy Rusden Sports Complex	6. Overberg District Academy Bredasdorp Sport Complex
7. Metro Academy Venue to be identified with City of Cape Town	



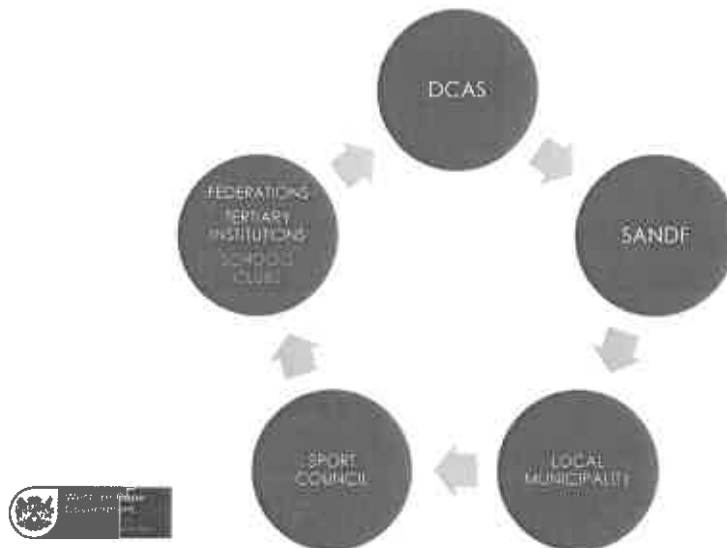
WESTERN CAPE ACADEMY SYSTEM



Budget Breakdown for Academies 2017/18

1. Training	R 579 77
2. Resourcing of the district & provincial academies	R 2 319 108
3. Athlete Support	R 2 029 220
4. Sport Focus Schools	R 289 889
5. Remuneration for services rendered by specialist personnel (Sport scientist, psychologists etc)	R 579 777
Total Budget Allocation	R 5 797 770

Key Stakeholders

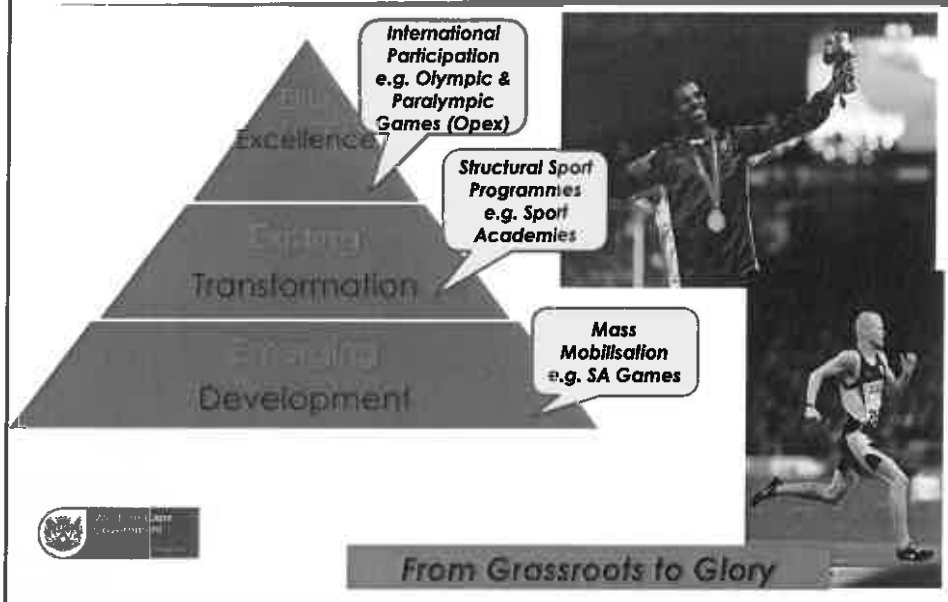


PARTNERSHIPS

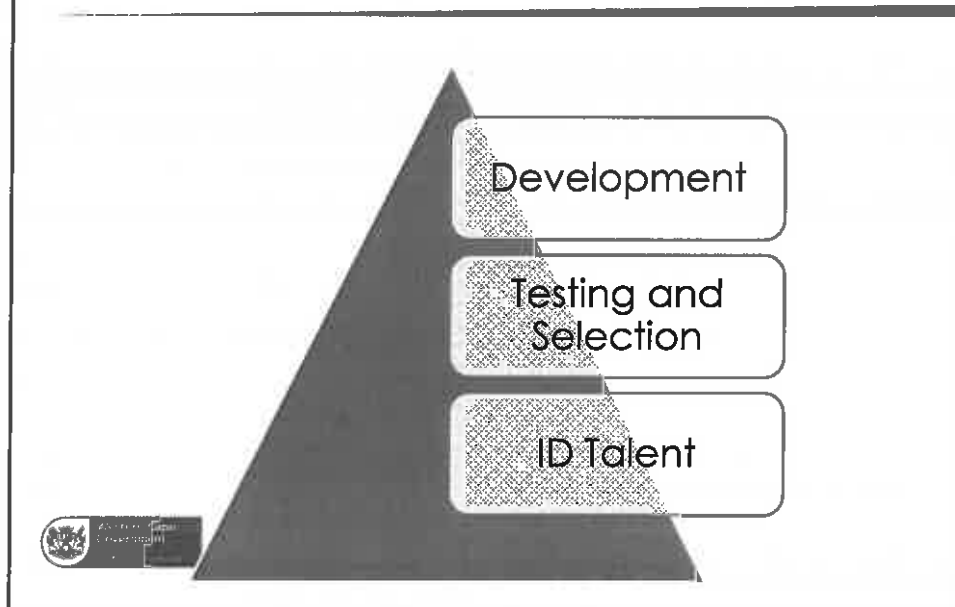
- FUTURELIFE



Sport Continuum



Talent Identification phases



SASCOC in
process to
identify the
athletes for
**OPEX, NAP &
Academies**



Current Support

- SASCOC is currently the only provider of funds to the athletes - OPEX
- Currently potential Tokyo 2020 athletes have limited support
- National/Provincial Federations has limited/no funds or support programmes for the athletes
- Provincial Academies are to fund athletes on the NAP and Academies program from SASCOC





• WC Teams

- Physiological assessments
- Medical support
- Injury management
- Nutritional support



- Physiological assessments
- Conditioning programs & coach
- Physiotherapist
- Injury management
- Nutritional support

Eden District Academy

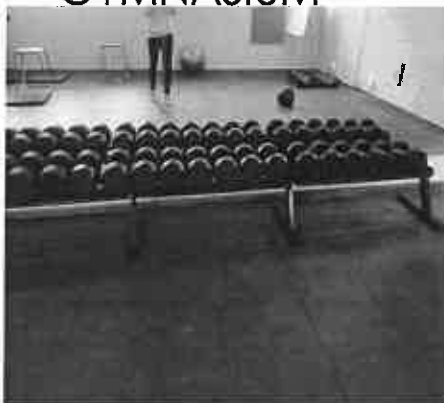


*Headquarters
located in
Oudtshoorn at
the De Jager
Sport Complex*

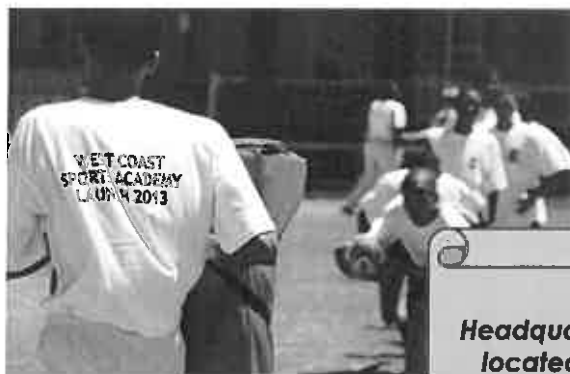


Eden District Academy

• GYMNASIUM



West Coast Academy



*Headquarters
located in
Saldanha at the
Saldanha Sport
Complex*



Central Karoo Academy



Cape Winelands Academy



Cape Winelands Role Out Plan

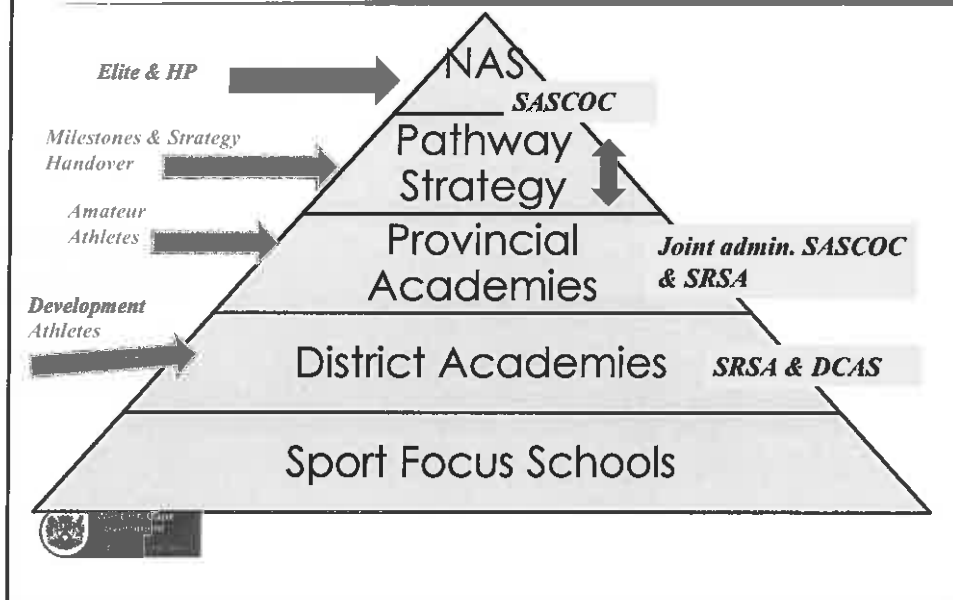
**Headquarters
located in
Paarl at the
Dal Josaphat
Stadium**



- **1st Phase –** The Academy Office
The upgrade of the medical room
- **2nd Phase –** The upgrade of the disability ablutions for male & female incl. showers
The upgrade of the conference rooms
The storage rooms to include space for academy equipment
Offices/Boardroom overlooking the track above storage rooms



Athlete Pathway within Academy System



Services

1. **Talent Identification** – mass mobilization
2. **Talent Selection** – testing and selection
3. **Talent Development** – further development (WECSA)
4. **Life Skills Programmes** – holistic development of athletes
5. **Coaching** – empowering coaches i.e. accredited trainings and seminars
6. **Education and Training** – empowerment of athletes, coaches, staff by enhancing skills
7. **Sport Science & Medical Support** – assisting performance of athletes



Athlete testing



Athlete testing



Athlete testing



SCIENCE & MEDICAL

- Testing for Codes done by service providers
- Baseline testing for each athlete
- Periodization planning
- Team building
- Sport psychology



Selection and further development of athletes



Testing Centre at Stellenbosch University



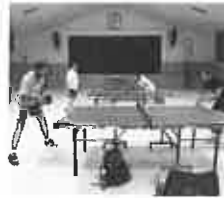
Testing Centre at Kenako Academy

SRSA Priority Codes

- Athletics
- Aquatics
- Basketball
- Boxing
- Cricket
- Chess
- Football
- Gymnastics
- Goal-ball
- Hockey
- Netball
- Table Tennis
- Tennis
- Softball
- Rugby
- Volleyball



Priority Codes



Overberg District Academy



Roles & Responsibilities

- **DAS:** budget, Talent ID, develop, nurture and deploy talent to provincial level.
- **Provincial Academy Services (PAS):** budget, identify, nurture and deploy talent to national level.
- **National Academy Services (NAS):** budget, identify, develop, nurture and deploy talent at national level.
- **SASCOC:** is the controlling body responsible for the Academy System as per the 2011 National Sport and Recreation Resolutions & the National Sport and Recreation Plan.



Roles & Responsibilities

- **Tertiary Institutions:** Delivery of best practice, scientific support & Research.
- **Municipalities:** Maintenance of the facilities. Receipt of transferred funds.
- **Federations:** Talent ID, Specific Technical Expertise & capturing of talent.



Role of Municipalities

- Provide facilities (offices, playing and training).
- Deploy Sport Development Officers to DAS.
- Work closely with all District Sport Structures.
- Draw up a service level agreement for the maintenance of facilities utilised by DAS.



Academy Staff



Way Forward – Overall Plan

- Sport Academies within the province.
- **Stakeholders**
 - Information sharing
 - Technical meetings
- **Expenditure & Monitoring of budgets**
- **Implementation of the Programme**
- **Priority Codes**
 - Intake of athletes
- **Coaches**
 - Monthly training programmes
- **Administration (Staff of the Academies)**
- **Partnerships**
- **Facilities**
 - Interaction with municipalities

*Adhering to the SASCOC
Academies
Framework/NSRP/White
Paper*



Thank you

